

HOW CAN WE HELP?

Some areas we are able to support you with are:

- Parenting
- Mental health & emotional wellbeing
- Managing challenging behaviour (0-25yrs)
- Domestic violence
- Benefits / debt management
- Disability support
- Employment
- Support for young carers
- Play Therapy



CONTACT US



Phone

01656 815420



Website

www.bridgend.gov.uk

SCAN ME



EARLY HELP BRIDGEND

HERE TO HELP YOU!

ABOUT US

Children, young people and their families sometimes need a little extra help and support to have **happy, healthy and successful lives**.

The Early Help Team can bring the right people together to **help you and your family**.

We put the family at the centre of the support from start to finish of any involvement with the Service.



WHAT IS EARLY HELP ABOUT?

It's about talking about strengths as well as areas that could be improved.

It's about getting you the right help at the right time.

It's about bringing together a team of the right people who can help your family.

It's about listening to you and giving you choices.

WHAT HAPPENS NEXT?

- Once a referral is received, the screening team will contact you and discuss your support needs.
- If you have two or more needs you will likely be allocated a Family Support Worker. The worker will arrange to meet with you to complete a family assessment to agree positive changes you would like to make to improve family life.
- A family action plan will be developed together which will set out how you will achieve positive changes and who will be responsible for each action.
- If you feel additional help is needed your worker will support you to refer to other agencies.

